Race Date
May 14, 2016

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Female Top Finishers Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Alison Smith	Seattle WA	23	81	8	37:22.4
2	Stephanie Grimm	Seattle WA	29	38	14	39:24.1
3	Marie Norris	Seattle WA	26	68	19	40:07.7

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Female 20 to 29

Place		Name	City	Age	Bib No	Overall	Time
1	*	Elizabeth Weeks	Seattle WA	29	95	26	42:15.6
2		Bridgette Grimes	Tacoma WA	27	259	43	46:46.1
3		Samantha Byrnes	Seattle WA	28	23	47	48:04.1
4		Andrea Frederick	Seattle WA	28	33	48	48:04.6
5		Mikayla Barrett	Renton WA	23	131	54	49:20.9
6		Erin McCaul	Seattle WA	29	62	60	51:12.4
7		Elizabeth Maroon	Seattle WA	27	58	65	52:02.6
8		Emily Parzybok	Seattle WA	26	205	113	1:03:58.4
9		Ila Dickenson	Seattle WA	29	27	121	1:08:55.6
10		Sproule Ciara Ann	Issaquah WA	26	119	131	1:17:10.5
11		Leslie Lopez	Mercer Island WA	28	125	134	1:23:24.1

Female 30 to 39

Place		Name	City	Age	Bib No	Overall	Time
1	*	Elizabeth Reese	Bellevue WA	30	73	36	44:41.1
2		Joni Baker	Tacoma WA	30	15	38	44:50.2
3		Monica Wallace	Issaquah WA	39	219	49	48:09.9
4		Natalie Seagriff	Federal Way WA	33	76	59	51:09.9
5		Julie Kiser	Normandy Park WA	34	257	67	52:10.1
6		Nicole George	Seattle WA	36	35	73	52:56.1
7		Yamamoto Heather	Clovis CA	37	121	76	53:17.6
8		Lynn Stephens	Seattle WA	31	85	80	54:06.2
9		Mackenzie Affrunti	Issaquah WA	37	10	83	55:15.8
10		Carrie McCann	Seattle WA	31	61	87	57:08.8
11		Roberts Sarah	Seattle WA	33	113	88	58:02.6
12		Anna Haack	Seattle WA	35	39	90	58:02.7
13		Regina Donlin	Seattle WA	30	28	95	59:10.9
14		Orukari Anume	Bellevue WA	34	123	97	59:54.9
15		Tina Marchion	Kirkland WA	38	56	105	1:00:39.9
16		Kristen Wolf	Seattle WA	36	97	109	1:03:51.8
17		Anja Minnick	Seattle WA	37	64	118	1:07:22.1
18		Jennifer Smith	Mountlake Terrace WA	36	82	120	1:07:58.9
19		Allie Faussele	Vancouver WA	38	133	123	1:11:04.7
20		Jorgensen Thea	Bismarck ND	30	107	126	1:13:46.8
21		Jennifer Grabaskas	Bellevue WA	32	37	128	1:14:00.1
22		Emily Sproule	Seattle WA	33	134	130	1:16:57.8

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Female 40 to 49

Place		Name	City	Age	Bib No	Overall	Time
1	*	Elizabeth Mitchell	Seattle WA	49	65	55	49:33.3
2		Heather Jordan	Renton WA	45	45	56	50:45.1
3		Jeana Vasey	Bellevue WA	43	93	57	50:59.4
4		Andria Kerkof	Seattle WA	47	48	58	51:08.1
5		Heather Parker	Auburn WA	46	69	69	52:25.6
6		Margaret Long	Seattle WA	49	140	72	52:51.1
7		Kendall Anderegg	Bellevue WA	46	12	78	53:22.9
8		Kristen Lui	Seattle WA	42	53	92	58:04.6
9		Miller Bridget	Tigard OR	40	110	98	59:58.2
10		Brenna Gamie	Renton WA	42	124	99	1:00:01.3
11		Michelle Eaton	Seattle WA	46	30	101	1:00:15.4
12		Varonica Ragan	Kirkland WA	43	72	106	1:00:42.6
13		Anna Ungar	Seattle WA	47	92	107	1:02:29.6
14		Lara Adkins	Seattle WA	42	254	114	1:05:09.1
15		Sprague Lori	Boise ID	40	118	115	1:05:17.4
16		Roberts Christa	Nampa ID	41	114	116	1:05:17.8
17		Sandra Loza	Seattle WA	41	52	117	1:05:44.4
18		Jen Antilla	Seattle WA	42	256	119	1:07:23.3
19		Kristin Gerling	North Bend WA	48	132	124	1:12:27.6
20		Balboni Rachel	Layton UT	45	100	132	1:17:11.1
21		Stanley Mary	Riverside CA	45	120	133	1:17:11.9
22		Bertot Jacqueline C	Cotode Caza CA	47	102	136	1:40:38.1

Female 50 to 59

Place		Name	City	Age	Bib No	Overall	Time
1	*	Yvette Stepp	Seattle WA	51	86	63	51:28.7
2		Kathryn Soucy	Seattle WA	51	139	75	53:14.1
3		Lori Clithero	Seattle WA	55	26	82	55:00.9

Female 60 to 69

Place	Name	City	Age	Bib No	Overall	Time
1	Pamela Benzon	Bothell WA	60	18	112	1:03:56.3

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Male Top Finishers Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Brett Winegar	Kirkland WA	36	96	1	31:17.7
2	Philippe Bouttefroy	Seattle WA	33	21	2	31:20.6
3	Patrick McAuliffe	Seattle WA	32	60	3	31:27.4

Race Date
May 14, 2016

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Male 1 to 14

Place		Name	City	Age	Bib No	Overall	Time
1	*	Kengo Shibuya	Bellevue WA	10	137	86	57:01.4

Male 20 to 29

Place		Name	City	Age	Bib No	Overall	Time
1	*	Joey Chirillo	Renton WA	25	25	10	37:32.3
2		Dan White	Tacoma WA	29	260	21	40:27.3
3		Fine Daniel	Eugene OR	23	105	39	45:19.4
4		Kjartan Kennedy	Seattle WA	24	47	40	45:19.5
5		Adam Kane	Seattle WA	27	46	50	48:48.9
6		Alastair Duncan	Seattle WA	29	141	68	52:11.9
7		Locia Allan	Selah WA	28	109	129	1:16:57.4

Male 30 to 39

Place		Name	City	Age	Bib No	Overall	Time
1	*	Eddie Strickler	Seattle WA	31	88	4	32:30.4
2		Joel Reese	Bellevue WA	35	248	6	35:06.2
3		Mike Stevens	Kirkland WA	38	87	7	35:41.4
4		Ben Shimko	Issaquah WA	32	78	9	37:26.4
5		Jeff Schomaker	Seattle WA	31	75	11	38:09.8
6		Ryan Stueber	Auburn WA	35	89	15	39:33.7
7		Joseph Pelz	Seattle WA	30	70	16	39:38.7
8		Reid mcCaul	Seattle WA	30	255	17	39:48.4
9		Chris Laumann	Seattle WA	34	127	24	41:52.6
10		Matt Quijano	Tacoma WA	31	71	28	42:44.6
11		Kevin Meadows	Seattle WA	38	63	30	43:37.4
12		Bryan Beightol	Seattle WA	32	17	32	43:53.9
13		Mike Littlefield	Seattle WA	36	51	33	44:03.2
14		Robbins Austin	Silverton OR	39	112	37	44:49.8
15		Bowers Ryan	San Diego CA	32	104	44	46:46.4
16		Quamme Andrew	Tacoma WA	32	111	45	47:12.9
17		Birdwell Christopher	Colorado Springs CO	34	103	51	49:01.9
18		Soto Julio	Denver CO	30	117	53	49:09.6
19		Eric George	Seattle WA	35	36	61	51:14.1
20		Rocha Roman	Minot AFB ND	34	115	66	52:04.8
21		Sack Cyril	Issaquah WA	31	116	77	53:20.1
22		Danny Duran	Seattle WA	30	29	84	55:21.9
23		Benson Jr. Mark	Santa Clarita CA	34	101	89	58:02.6
24		Brian Flippin	Kirkland WA	34	32	96	59:33.6

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Male 30 to 39

Place	Name	City	Age	Bib No	Overall	Time
25	William Marchion	Kirkland WA	38	57	103	1:00:29.5
26	Mark Albonizio	Seattle WA	38	11	110	1:03:52.4
27	Henman Matthew	Boise ID	32	106	127	1:13:48.4
28	Rob Sunnine	Kirkland WA	37	129	135	1:32:45.6
29	Kuehn Brandon	Kent WA	30	108	137	1:40:38.4

Male 40 to 49

Place	Name	City	Age	Bib No	Overall	Time
1 *	Aaron Zedonis	Seattle WA	41	99	18	40:03.1
2	Jason Thompson	Kent WA	46	91	23	41:37.4
3	Bill Arvish	Bainbridge Island WA	46	14	25	42:08.2
4	Tom Moran	Bellevue WA	41	66	27	42:28.9
5	Mark Hatcher	Seattle WA	40	41	31	43:51.3
6	Aaron Jensen	Bellevue WA	40	44	34	44:15.9
7	Robert Larose	Seattle WA	48	126	41	45:33.9
8	Carl Schmidt	Issaquah WA	45	252	42	45:37.2
9	John Barnhardt	Seattle WA	47	16	46	48:03.1
10	Wilfried Boutillier	Seattle WA	41	20	52	49:02.1
11	Stephen Mats Mats	Seattle WA	48	59	62	51:17.3
12	Chris Simmons	Seattle WA	43	79	71	52:43.6
13	Axel Macè	Seattle WA	49	54	91	58:04.4
14	Zimmerman Barry	Aurora OR	49	122	100	1:00:13.8
15	Michael Bryan	McMinnville OR	48	153	104	1:00:35.4
16	Galen Gerling	Renton WA	44	130	122	1:09:46.1

Male 50 to 59

Place	Name	City	Age	Bib No	Overall	Time
1 *	Michael Smith	Renton WA	57	84	5	33:25.9
2	Mark Henderson	Woodinville WA	53	43	12	38:15.3
3	Herbert Sitz	Seattle WA	52	80	13	38:58.1
4	Mark Franks	North Bend WA	54	136	20	40:07.7
5	Tony Arvish	Mercer Island WA	51	13	22	41:08.6
6	Peter Arolio	Issaquah WA	50	128	29	43:06.9
7	Eric Edaiags	Issaquah WA	56	253	35	44:29.5
8	Russ Harry	Issaquah WA	52	40	64	51:34.6
9	John Tholen	Monroe WA	52	90	70	52:39.1
10	Doug Wolf	Mercer Island WA	52	98	74	53:13.1
11	Rob Canby	Apache Junction AZ	51	24	79	53:27.3

2016 Cougar Series 1, May 14

Age Group Results

5.1 Miles

Male 50 to 59

Place	Name	City	Age	Bib No	Overall	Time
12	Pete Henderson	Bellevue WA	56	135	81	54:27.1
13	Thomas Reutter	Redmond WA	57	74	93	58:23.9
14	Alfred Hellstern	Redmond WA	56	42	94	58:37.4
15	Tad Seder	Ballard WA	59	77	102	1:00:16.7

Male 60 to 69

Place	Name	City	Age	Bib No	Overall	Time
1 *	Steven Lee	Bellevue WA	61	50	85	55:58.6
2	Pat MacDonald	Newcastle WA	63	138	108	1:03:02.9
3	Tom Benzon	Bothell WA	60	19	111	1:03:55.9
4	Charles Manning	Seattle WA	60	55	125	1:13:09.4

2016 Cougar Series 1, May 14

Age Group Results

10.8 Miles

Female Top Finishers Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Jeanine Stewart	Seattle WA	32	251	18	1:36:26.3
2	Susan Ashlock	Seattle WA	38	146	24	1:40:30.2
3	Laura Breymann	Bellevue WA	35	261	29	1:44:00.7

2016 Cougar Series 1, May 14

Age Group Results

10.8 Miles

Female 15 to 19

Place	Name	City	Age	Bib No	Overall	Time
1	Alexis Harper	Moses Lake WA	19	177	43	1:55:48.3

Female 20 to 29

Place	Name	City	Age	Bib No	Overall	Time
1	Celia Schofield	Seattle WA	25	214	32	1:47:41.4
2	Taylor MacLean	Seattle WA	27	143	36	1:50:45.7
3	Cristina Marcalow	Seattle WA	28	240	38	1:51:00.3
4	Patricia Carroll	Seattle WA	28	154	50	1:59:51.9
5	Sara Rice	Kirkland WA	29	208	60	2:06:41.3
6	Amy Holweger	Edmonds WA	27	241	96	2:44:49.2

Female 30 to 39

Place	Name	City	Age	Bib No	Overall	Time
1	Iliana Sach	Bellevue WA	38	212	33	1:49:02.1
2	Jessica Hewitt	Seattle WA	31	179	34	1:49:57.3
3	Summer Harbison	Snohomish WA	32	234	39	1:52:23.2
4	Lisa Flores	Seattle WA	32	167	48	1:57:12.8
5	Betsy Zoladz	Seattle WA	38	228	55	2:02:06.6
6	Eva Garling	Bothell WA	39	233	59	2:06:23.4
7	Shannon Mayo	Seattle WA	37	197	66	2:09:35.7
8	Jolyn Su	Bellevue WA	39	239	68	2:10:12.1
9	Angie Montani	Seattle WA	38	258	71	2:11:36.2
10	Leslie Miller	Seattle WA	36	198	78	2:18:13.6
11	Leigh Orne	Issaquah WA	33	203	79	2:18:41.6
12	Stacy Clark	Seattle WA	34	156	87	2:27:25.2
13	Dawn Skinner	Everett WA	34	236	88	2:28:16.6
14	Maia Zink	Bothell WA	33	227	89	2:29:20.1
15	Christy Cherrier	Seattle WA	36	155	91	2:29:25.9
16	Rouselle Mapalo	Seattle WA	36	195	92	2:30:23.4
17	Tamra Hood	Renton WA	34	182	97	2:53:05.7

Female 40 to 49

Place	Name	City	Age	Bib No	Overall	Time
1	Dawn Winters	Mercer Island WA	48	224	47	1:56:46.2
2	Carol Clingan	University Place WA	46	158	62	2:07:32.1
3	Karen Lambert	University Place WA	46	185	63	2:07:33.5

2016 Cougar Series 1, May 14

Age Group Results

10.8 Miles

Female 40 to 49

Place	Name	City	Age	Bib No	Overall	Time
4	Krystal Turney	Seattle WA	45	242	64	2:08:16.9
5	Michele Pettinger	Seattle WA	45	206	65	2:09:07.5
6	Christy Hammond	Sumner WA	40	175	72	2:12:35.9
7	Marci Nelson	Edmonds WA	46	201	77	2:17:34.8
8	Stacey Legg	Everett WA	47	190	85	2:24:31.6
9	Heather Ziel	Seattle WA	42	226	90	2:29:23.8
10	Edith Hadler	Newcastle WA	48	174	93	2:35:42.3
11	Lara Rosas	Newcastle WA	42	210	94	2:35:46.4
12	Anneke Lee	Milton WA	41	187	98	2:53:11.2

Female 50 to 59

Place	Name	City	Age	Bib No	Overall	Time
1	Linda Schetky	Seattle WA	50	213	56	2:02:17.2
2	Jill Hudson	Seattle WA	54	183	73	2:13:25.2
3	Kate Emerson	Bellevue WA	52	165	74	2:13:49.3
4	Sharon Reese	Duvall WA	52	207	80	2:18:46.1
5	Doerte Mahanay	Seattle WA	50	194	81	2:20:46.9

Female 60 to 69

Place	Name	City	Age	Bib No	Overall	Time
1	Carolyn Pine Crooks	Seattle WA	60	159	95	2:40:09.2

2016 Cougar Series 1, May 14

Age Group Results

10.8 Miles

Male Top Finishers Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Phil Rock	Enumclaw WA	36	209	1	1:16:08.4
2	Eric Brill	Kent WA	27	152	2	1:17:32.5
3	Jourdan Harvey	Seattle WA	25	178	3	1:18:05.4

2016 Cougar Series 1, May 14

Age Group Results

10.8 Miles

Male 20 to 29

Place	Name	City	Age	Bib No	Overall	Time
1	Jake Logar	Kent WA	26	191	7	1:23:19.6
2	Joseph Zagrodnik	Seattle WA	29	225	8	1:25:02.1
3	Eric Miya	Renton WA	23	200	17	1:35:21.7
4	Alex Bond	Seattle WA	29	149	27	1:41:58.4
5	Mathew Lee	Seattle WA	28	189	51	2:01:16.2
6	Angel F Adames-Corraliza	Seattle WA	27	144	53	2:01:41.4
7	Mark Hoffman	Bothell WA	27	180	76	2:17:34.2

Male 30 to 39

Place	Name	City	Age	Bib No	Overall	Time
1	Tyler Mitchell	Bothell WA	31	199	4	1:20:49.1
2	Shaun Frandsen	Kirkland WA	38	169	5	1:21:17.6
3	Mathew Hong	Bellevue WA	38	181	6	1:22:17.9
4	Xiao Wang	Seattle WA	30	220	9	1:25:05.4
5	Nolan Atchley	Enumclaw WA	30	147	10	1:25:55.4
6	Ryan Sweet	Seattle WA	32	217	19	1:36:45.6
7	Luke Duvall	Seattle WA	33	164	20	1:38:36.9
8	Cale Green	Seattle WA	31	172	23	1:40:21.6
9	Michael Marshino	Seattle WA	38	196	25	1:40:31.6
10	Peter Dempster	Seattle WA	33	161	26	1:41:08.3
11	Will Dowtin	Seattle WA	30	163	31	1:47:37.3
12	Dustin Strop	Seattle WA	31	216	44	1:56:19.1
13	Lukas Widtfeldt	Bellevue WA	31	223	45	1:56:25.4
14	Milo Oostergo	Issaquah WA	34	202	46	1:56:42.5
15	Sam Stead	Gig Harbor WA	35	215	52	2:01:20.9
16	Juy Joang	Redondo Beach CA	38	244	57	2:03:13.4
17	Gabriel Weiss	Kirkland WA	31	221	61	2:06:42.1
18	Dan Harvey	Seattle WA	30	173	75	2:16:44.4
19	Matthew Bond	Seattle WA	35	150	86	2:26:23.1

Male 40 to 49

Place	Name	City	Age	Bib No	Overall	Time
1	Jason Bremer	Seattle WA	44	151	11	1:29:02.9
2	Martineau Arthur	Renton WA	48	230	12	1:30:44.5
3	David Braza	Bellevue WA	46	245	13	1:33:28.1
4	Dan Myers	Tukwila WA	46	249	14	1:33:49.4
5	Maxwell Long	Bellevue WA	49	142	15	1:34:00.2
6	Will Elmquist	Woodinville WA	46	237	16	1:34:46.8

2016 Cougar Series 1, May 14

Age Group Results

10.8 Miles

Male 40 to 49

Place	Name	City	Age	Bib No	Overall	Time
7	Luis Padilla	Bellevue WA	44	231	21	1:39:35.7
8	Mike Flood	Issaquah WA	40	166	22	1:39:40.3
9	Ron Torrez	Kent WA	46	246	28	1:42:47.6
10	Rod Mills	Seattle WA	44	243	35	1:50:06.3
11	Gabriel Loh	Bellevue WA	40	192	40	1:53:51.7
12	Jonathan D'orgee	Finchampstead GBR	45	162	49	1:58:38.6
13	Thomas Owen	Puyallup WA	47	204	58	2:04:37.4
14	Roland Klober	Seattle WA	47	184	69	2:10:49.3
15	Dean Fuller	Seattle WA	42	170	70	2:11:08.1
16	Wyatt Davis	Bothell WA	44	160	83	2:23:17.7
17	Pete Hanning	Seattle WA	47	176	84	2:23:53.2
18	Anthony Lee	Milton WA	46	188	99	2:53:12.8

Male 50 to 59

Place	Name	City	Age	Bib No	Overall	Time
1	Steve Quinn	Sammamish WA	51	232	30	1:44:40.6
2	Glenn Gaither	Shelton WA	54	171	42	1:55:47.1
3	Douglas Whitfield	Seattle WA	50	222	54	2:01:41.8

Male 60 to 69

Place	Name	City	Age	Bib No	Overall	Time
1	Doug McLean	Hunts Point WA	63	247	37	1:50:46.7
2	Doug Beyerlein	Mill Creek WA	65	148	41	1:55:16.9
3	Chuck Cathey	Seattle WA	63	235	67	2:09:57.4
4	Brian Lawler	Bainbridge Island WA	65	186	82	2:23:04.6